## Abstract of the Disclosure

A sling for carrying a load comprises two parallel straps that are interconnected by a series of relatively rigid handles. The sling is placed underneath the load while leaving several handles on either side of the load available for gripping. A person at each end of the sling can then choose a handle that is most comfortable for them. Some of the handles, particularly those underneath the load, help keep the two straps properly spaced apart to maintain a broad, stable base upon which the load is supported. The broad base allows each person to use just one arm for lifting, which leaves their other arm available for steadying the load or for opening doors. With this sling, the two persons can face the same direction as they carry the load.

5

10